


Uncle Sam

Has Dyspepsia

Stuart's Dyspepsia Tablets Are a Positive

and Permanent Cure for the National Disease.

As a people we eat too much and the wrong kind of food. Because it tastes good we obviolate the stomach's duty and eat nutritious food and drink. We overtax the digestive apparatus to such an extent that it refuses to perform its duty and a conglomerate mass of half-chewed, undigested material lies in the stomach until it rots, causing the formation of acids, gases and stomaches which produce the painful condition which we know as dyspepsia.



breaking down of the digestion. A weak stomach weakens and impoverishes the system, making it easy for disease to gain foothold.

Nobody needs fear consumption, kidney disease, liver trouble or a weak heart and nervous system as long as the digestion is good and the stomach able to assimilate the food of wholesome food.

Thousands have some form of stomach trouble and do not know it. They ascribe their headache, the languor, nervousness, insomnia, palpitation, constipation and similar symptoms to some other cause than the true one. Get your digestion on the right track and the heart trouble, lung trouble, liver disease or nervous debility will rapidly disappear.

Nothing is more certain than that the use of so-called tonics, stimulants and meat-ecies, which depend upon alcohol for their effect, is injurious to health in the long run.

Many liquid patent medicines derive their effect entirely from the alcohol they contain.

Alcohol and medicines containing it are temporary stimulants and not in any sense a true tonic. In fact, it is doubtful if any medicine or drug is a real tonic.

A true tonic is something which will replenish, build up the exhausted nervous system and wasted muscular system; something that will enrich the blood and endow it with the proper proportions of red and white corpuscles which prevent or destroy disease germs. This is what a real tonic should do and no drug or alcoholic stimulant will do it.

The only true tonic in nature is wholesome food thoroughly digested. Every particle of nervous energy, every minute muscle, fiber and drop of blood is created daily from the food we digest.

The mere eating of food has little to do with the repair of waste tissue, but the perfect digestion of the food eaten has everything to do with it.

The reason so few people have perfect digestion is because from wrong habits of living they promote a gradually lessening

power to secrete the gastric juice, peptone and acids in sufficient quantity.

To cure indigestion and stomach troubles, it is necessary to take after meals some harmless preparation which will supply the natural peptone and diastase which every weak stomach lacks, and probably the best preparation of this character is Stuart's Dyspepsia Tablets, which may be found in every drug store and which, containing a pleasant, palatable form of the wholesome peptone and diastase which nature requires for prompt digestion.

One or two of these excellent tablets taken after meals will prevent souring, fermentation and acidity and insure complete digestion and assimilation.

Stuart's Dyspepsia Tablets are as equally valuable for little children as for adults, as they contain nothing harmful or stimulating, but only the natural diastase.

One of Stuart's Dyspepsia Tablets will digest 1000 grains of meat, eggs or other wholesome food, and they are in every sense a genuine tonic because they bring about in the only natural way a restoration of nerve power, a building up of lost tissue and appetite, in the only way that can be done by the digestion and assimilation of wholesome food.

The root of the matter is this, the digestive elements contained in Stuart's Dyspepsia Tablets are the same as those



For business men, office men and clerks, and, in fact, every one engaged in sedentary or indoor occupations, grains, milk and vegetables, with a moderate meat allowance, are much more healthful than a heavy meat diet.

Only men engaged in severe outdoor manual labor can live on a heavy meat diet and continue in health.

It is a well-established truth that nineteenth of all diseases originate with a

peppery, rich, sugary diet, and an overworked stomach, and whole system receive the nourishment which can only come from food, stimulants and nerve tonics never give real strength, they give a fictitious strength, invariably followed by reaction. Every drop of blood, every nerve and tissue is manufactured from our daily food, and if you can insure its prompt action and complete digestion by the regular use of so good and wholesome a remedy as Stuart's Dyspepsia Tablets, you will have no need of nerve tonics and sanitariums.

Although Stuart's Dyspepsia Tablets have been in the market only a few years, yet they are sold in all the United States, Canada and Great Britain, now sells them and considers them the most popular and best of any preparation for stomach trouble.

"CALL OF THE WILD"
TEXT FOR A SERMON

Rev. H. W. Kellogg Delivers an
 Interesting Talk at the
 Y. M. C. A.

UNIQUE LESSON DRAWN

Before the Y. M. C. A. yesterday afternoon Rev. H. W. Kellogg, pastor of Central-avenue M. E. Church, talked on "The Call of the Wild." He said in part:

"This is the title of a book recently published which has justly had a wide reading. It is a strong story. Dog nature is well exhibited, possibly a little exaggerated, but the

OBEEDIENCE IS FAITH
APPROVED BY HEAVEN

Rev. Blount Says that God in Nature Is Not a Superstition, but a Belief in Divinity.

TO OBEY IS PROGRESS

"The Faith Approved by Jesus," was the subject of the sermon delivered by the Rev. Harry Bunt, at the Plymouth Church, yesterday morning. He said in part:

"The faith approved by Jesus; the sending forth of the doves from the ark and their returning, finding no place on which to rest their feet, on no place on which to

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10. Acquisition of knowledge